

# What is the Self-Directed Learning Instructional Model?

The Self-Directed Learning (SDL) Instructional Model helps college instructors support online students to manage their learning, connect with classmates, and feel more resilient in the face of difficulties. It features a set of three easy-to-use strategies that can be used in any course.



## Interested in learning more?

View the **Course Implementation Guide** for detailed instructions to integrate the strategies into online courses, including ready-to-use text, implementation supports, and optional adaptations for different course lengths and types.

View the **Campus Resource Guide** for practical tips for college leaders and staff to help faculty adopt the Self-Directed Learning Instructional Model, including information for institutional leaders and resources for education developers.

Access all of these resources on the [Postsecondary Teaching with Technology Collaborative website](#).

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